



March 2023

Professional Development Opportunities

www.leapccrr.org

leaptraining@augusta.edu

877-228-3566

DATE	TIME	TOPIC	LOCATION	COST
Wednesday March 1	6:30-7:30 PM	<i>RECHARGE-Boosting Teacher Well-Being: Introduction to Burnout and Secondary Traumatic Stress</i>	All sessions are online this month. Register on GaPDS.	All sessions are FREE this month!
Thursday March 2	1:00-2:00 PM	<i>On TRACK with Math I</i>		
Tuesday March 7	1:00-2:00 PM	<i>RECHARGE: Growth Mindset</i>		
Wednesday March 8	4:00-5:00 PM	<i>Teaching When Talking is Tough: Module 1-Defining Dual Language Learners</i>		
	5:15-6:15 PM	<i>Teaching When Talking is Tough: Module 2-DLL Language Development</i>		
Thursday March 9	4:00-5:00 PM	<i>Teaching When Talking is Tough: Module 3-Impact of Home Language on English Language Development</i>		
	5:15-6:15 PM	<i>Teaching When Talking is Tough: Module 4-DLL School Readiness</i>		
Tuesday March 14	6:30-7:30 PM	<i>On TRACK with Art I</i>		
Wednesday March 15	1:00-2:00 PM	<i>POWER Up! Group Play Essentials for the Toddler Classroom</i>		
Saturday March 18	9:00-11:00 AM	<i>Helping Children Bounce Back: Childhood Trauma and Resilience</i>		
Tuesday March 21	6:30-8:00 PM	<i>RECHARGE – Boosting Teacher Well-Being: Encouraging Environments</i>		
Wednesday March 22	9:00 AM-12:00 PM	<i>Strengthening Business Practices Module 3 Marketing Your Program for Center-Based Child Care</i>		
Thursday March 23	6:30-7:30 PM	<i>Emotional Regulation Chapter 1, Introduction and Relationships</i>		
Tuesday March 28	1:00-2:00 PM	<i>POWER Up! Group Play Essentials for the Preschool Classroom</i>		
Wednesday March 29	1:00-2:00 PM	<i>POWER Up! If These Walls Could Talk: Empowering Learning Environments</i>		
Thursday March 30	6:30-7:30 PM	<i>Emotional Regulation Chapter 2, Environments</i>		

Child Care Training Descriptions for March 2023

RECHARGE – Boosting Teacher Well-Being: Introduction to Burnout and Secondary Traumatic Stress

1 Credit Hour

Competency: ECE 6.1, 6.2

This training introduces a set of resources and a training series focused on helping ECE Professionals find the resources they need to learn to live healthy lives while continuing to provide quality care and learning experiences.

On TRACK with Math I

1 Credit Hour

Competency: ECE 5.6

This introduction to math in the ECE setting will equip and motivate teachers to engage children through practical and educational experiences.

RECHARGE: Growth Mindset

1 Credit Hour

Competency: ECE 5.4, 6.2

This highly interactive and practical training will guide professionals as they explore and develop a growth mindset perspective and approach which lead to improved well-being for themselves and their young learners.

Teaching When Talking is Tough: Module 1–Defining Dual Language Learners

1 Credit Hour

Competency: ECE 1.1; ADM-9

This training will provide participants the opportunity to learn more about the unique characteristics of dual language learners.

Teaching When Talking is Tough: Module 2 DLL Language Development

1 Credit Hour

Competency: ECE 1.2; ADM-2

Participants will be aware of the importance of sociological context in early English language and literacy development in the early childhood setting.

Teaching When Talking is Tough: Module 3 - Impact of Home Language on English Language Development

1 Credit Hour

Competency: ECE 1.2; ADM-7

Participants will explore the role of home language in early English language and literacy development.

Teaching When Talking is Tough: Module 4 - DLL School Readiness

1 Credit Hour

Competency: ECE 1.3; ADM-9

Participants will understand why DLL language development is crucial for school readiness.

On TRACK with Art I

1 Credit Hour

Competency: ECE 5.6

This introduction to visual arts in the ECE setting will equip and motivate teachers to engage children through practical and educational creative expression and discovery experiences.

POWER Up! Group Play Essentials for the Toddler Classroom

1 Credit Hour

Competency: ECE 4.3, 5.3

Group play is an essential part of each day in center-based child care. This training offers participants the opportunity to reflect on their current practice and explore ways to support the play and development of children in their care by continuous quality improvement.

Helping Children Bounce Back: Childhood Trauma and Resilience

1 Credit Hour

Competency: ECE 1.1, 1.2, 1.4, 4.1

Participants will learn that trauma is a common experience in most children's lives and how to use developmentally appropriate teaching strategies to help children learn how to cope with stress and develop resiliency skills.

RECHARGE – Boosting Teacher Well-Being: Encouraging Environments

1.5 Credit Hours

Competency: ECE 6.1, 6.2; ADM-1

Creating a positive and productive work environment is a team effort. This training discusses the importance of the work environment for both employer and employee, and then progresses to arm participants with some strategies to support developing that where they work every day.

Strengthening Business Practices Module 3 Marketing Your Program for Center-Based Child Care

3 Credit Hours

Competency: ADM-3

This training helps child care administrators improve their ability to develop a marketing plan and use marketing tools to build relationships with families to improve retention and referrals. Topics include: identifying audiences for marketing, communicating the features and benefits of the program, and the use of marketing tools.

Emotional Regulation Chapter 1, Introduction and Relationships (Online)

1 Credit Hour

Competency: ECE 4.1

This highly interactive training will help professionals understand the development of emotional regulation in young children and the importance of laying a relational foundation as the first steps of teaching emotional regulation skills.

POWER Up! Group Play Essentials for the Preschool Classroom

1 Credit Hour

Competency: ECE 4.3, 5.3

Improving quality in the classroom doesn't have to be complicated. Making small improvements and changes can have big results. Focusing on large group play with 3 – 5 year old children, this training will share some tools, tips, and resources to help teachers do more with less effort, while at the same time improving the quality of their efforts and increasing positive outcomes for the children.

POWER Up! If These Walls Could Talk: Empowering Learning Environments

1 Credit Hour

Competency: ECE 1.1, 1.4

This positive and engaging training will help early learning professionals find and develop their classroom's voice into a positive and productive force in the life of each and every child.

Emotional Regulation Chapter 2, Environments (Online)

1 Credit Hour

Competency: ECE 1.4

This highly interactive training will help professionals understand how the environment can impact the development of emotional regulation in young children and the importance of intentionally designing positive class conditions.

****All trainings are online only at this time - available using Zoom.***

****Please carefully review our Attendance Policy to ensure successful completion of trainings.***



March is
National
Reading
Month

National Education Association
Read Across America Information
Free or low cost book resources

March is National Nutrition Month

Nutrition Theme Ideas

Helping children understand the importance of good nutrition relies heavily on exposure to foods in their play and real life settings. To help you highlight and celebrate good nutrition this month, we're sharing some simple ways you can bring healthy foods and children together!

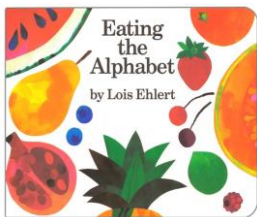
- Turn your dramatic center into a grocery store
- Invite children to help you create a grocery list
- If possible, set up a grocery store in another part of your school and go grocery shopping with students with list created previously.
- [Make simple recipes with children](#)
- [Theme base Art](#)
- Talk about senses during mealtimes (listen to the crunch of the carrots; close eyes and guess the fruit that I smell; look for a rainbow of colors)
- Classroom visitors: Survey parents for opportunities as well as your local community (Dietitian, Nurse, Grocer, Farmer Chef/cook)

Supporting Learning Activities



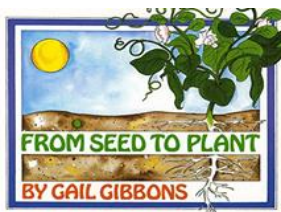
[The Very Hungry Caterpillar](#) by Eric Carle

- ✚ [Butterfly's life cycle](#) (GELDS: CD-SC3.4a)
- ✚ [Bugs classification](#) (GELDS: CD-MA4.4b, APL3.4c)
- ✚ [Paper plate/Tissue paper butterfly craft](#) (GELDS: PDM6.1a, APL3.1b)



[Eating the Alphabet](#) by Lois Ehlert

- ✚ [Read Together: Eating the Alphabet](#) (GELDS: CLL5.4b)
- ✚ Fruit and Vegetables guessing game (GELDS: PDM2.4b, ED5.4b, APL3.4c)
- ✚ Letter of the week (GELDS: CLL7.2a)
- ✚ Taste testing (GELDS: CD-SC1.3a, CD-SC1.41)



[From Seed to Plant](#) by Gail Gibbons

- ✚ Create a seed box for science area (GELDS: PDM4.1a, APL2.3c)
- ✚ Seed sorting (GELDS: CD-MA4.3b, CD-MA4.4b, APL2.2c)
- ✚ [Sprouting a Seed](#) (GELDS: CD-SS5.4a)
- ✚ [Garden words cards](#) (GELDS: CLL8.4d)

Need a Boost? Introducing our New Well-Being Campaign - RECHARGE!

What: RECHARGE is a professional development campaign comprising of curated and created resources aimed at supporting Early Learning Professionals and their work.

Why: Early childhood education is good work, and it is hard work. We think Shulman (2004) sums it up well:

*After 30 years of doing such work, I have concluded that classroom teaching...is perhaps the most complex, most challenging, and most demanding, subtle, nuanced, and frightening activity that our species has ever invented...The only time a physician could possibly encounter a situation of comparable complexity would be in the emergency room of a hospital during or after a natural disaster.**

We think children and their families are very important, and those that commit to serving children and families every day deserve everything we can give them to be healthy, feel encouraged, continue growing, and stay focused on great goals!

Where:

<https://leapccrr.org/boosting-teacher-well-being>



How: Reviewing the research and work of experts on burnout, we identified eight essentials to supporting our well-being and combating burnout:

- Reality Check
- Emotional Empowerment
- Control and Commitments
- Healthy Habits
- Affirming Allies
- Rewarding Recreation
- Growth Mindset
- Encouraging Environments

Visit the RECHARGE webpage and follow links to each topic where you'll find some great tips and tools to help take care of you so you can take care of others.

*Shulman, L. (2004). *The Wisdom of Practice: Essays on Teaching, Learning, and Learning to Teach*. San Francisco, CA: Jossey-Bass.



Share Your Favorite Books!

At Leap, we love good children's books. That is why we share some of our favorites in our newsletter and on our website (check out <https://leapccrr.org/downloads/> and search for "book list").

We'd love to hear from you about your favorites, too! Send book titles and authors to leaptraining@augusta.edu, and, if you have a moment, tell us why you like the book. We'll be using your input for an upcoming training on choosing and using books for learning and development.

Training Registration & Policy Details

Free Online Training Registration

1. Log in to your GaPDS account at <https://gapds.decal.ga.gov/>.
2. Choose “Trainings\Find Scheduled Training Sessions” and search for training title. If you encounter any issues, direct links to each training can be found on the Leap Early Learning Partners event calendar at: <https://leapccrr.org/events/>.
3. Register for selected training session.
4. You will receive confirmation and reminder emails from GaPDS.
5. You will receive an email from Leap Professional Development one day prior with a link to log in to the training.
6. Join us at the training!

Registration closes 24 hours ahead of the training.

Attendance Policy - Online Trainings

In order to receive credit for state-approved training with Leap Early Learning Partners, please observe the following requirements:

- Participants must arrive within first 10 minutes of one-hour trainings and within first 15 minutes of two-hour trainings.
- Within a few minutes of arrival, participants must use the chat feature to sign-in using their name as it is listed in GaPDS and directing their chat to “Everyone”.
- Participants must be able to see and hear the presentation.
- Participants must use chat to sign-out with their name to “Everyone” before leaving.

One participant per device (phone, tablet, laptop, or computer) provides the best experience for the participant and the easiest way to confirm attendance for Leap. In cases where multiple participants must use one device, we may ask participants, via chat and/or email, for additional confirmation of attendance. This confirmation could include, but not be limited to, a live webcam view, time-stamped photos of the group in the training, and/or signed and emailed documentation that could include a roster signed by training participants at the site and/or a signed statement confirming participant attendance from a program leader present for the training or a member of the group serving as the designated program leadership representative.

If you have any questions, concerns, or challenges, you may contact leaptraining@augusta.edu.

Additional Training Opportunities

In addition to trainings offered by Leap Early Learning Partners, there are many approved trainers and trainings available around the state. The [Georgia Professional Development System for Early Childhood Educators](#) maintains a searchable database of every approved trainer and training and is the definitive source for statewide training opportunities.

[Read Right from the Start](#) (Rollins Center for Language & Literacy) also offers free online courses for Bright from the Start credit. To access and download the Post Training Plans for the Read Right from the Start trainings, please visit our downloads page at <https://leapccrr.org/downloads>.



We are a Child Care Resource & Referral Agency of Augusta University funded, in part, by Bright from the Start: Georgia Department of Early Care and Learning through the Federal Child Care Development Block Grant.

