

Grant Announcement: Farm to Early Care and Education Learning Collaborative Technical Assistance Mini-Grant

Application Deadline: November 18, 2019

The Learning Collaborative is a mini-grant program for child care programs that want to join the Georgia Farm to Early Care and Education movement. Ideal programs have owners, directors, cooks and teachers who are committed to improving the quality of their meal service by introducing more fresh and *local* foods to children. This includes nutrition education, understanding how foods grow, better cooking techniques, indoor and outdoor children activities, and parent involvement. The mini-grant program is designed to address health disparities to our most vulnerable children in our state. Watch this short <u>video</u> produced by Georgia Organics to learn more.

Because children develop their taste preferences at an early age, ECE professionals have very vital roles in safeguarding the nutritional well-being and health of infants and young children. Serving more fresh local fruits and vegetables and less processed foods will encourage children to try tasty new foods such as sweet potatoes, squash, blueberries, cabbage and spinach.

Grant Duration

Since we are developing models of best Farm to ECE practices, selected sites will commit to **16** months of participation. Sites will attend trainings and complete assessments to work towards goals. The process starts February 2020 and ends July 2021.

Expectations

- Attend mandatory Super Saturday training #1 on January 24-25, 2020 at Helms College in Macon (required: lead plus 2 team members)
- Attend mandatory Super Saturday training #2 on September 19, 2020. (required: lead plus 2 team members)
- Complete pre and post self-assessments, set goals, and develop action plans
- Staff attend at least 2 on-site trainings related to farm to ECE and nutrition
- Attend mandatory showcase at end of grant period

What is local food?

The term "local" can mean food from Georgia or a nearby state. That means you could be buying locally when you get peaches grown in Georgia or oranges regionally from Florida.

Eligibility Criteria

- ✓ Early care and education program serving children between the ages of 0-5
- ✓ Licensed by Bright from the Start or the Department of Defense or approved by another federal, state of local entity
- ✓ If licensed by Bright from the Start, must be in "good standing".
- ✓ Participation in CACFP and/or CAPS
- ✓ Preference will be given to sites that operate year-round

Mini-Grant Award Amounts

| Grant Level | Award Amount | Your goal for children to eat fresh local produce | Additional Goals |
|--|-----------------------------------|---|---|
| Level 1: Seedlings | Centers \$1,500 Homes: \$1,000 | 1-2 times per week | |
| Level 2: Sprouts | Centers \$2,500 Homes: \$1,800 | 3 times per week or more | See chart for more details on other goals |
| Level 3: Mentors For previous grant recipients | Centers \$2,500 Homes: \$1,800 | 3 times per week or more | 3 *** |

The Application Process



Learning Collaborative Implementation Timeline



How to Apply

Applicants can apply online:

https://qualitycareforchildren.wufoo.com/forms/m1a8muw41yco5tb/ or by completing a paper application and email to healthykids@qualitycareforchildren.org or by mail: Quality Care for Children; Nutrition Services, Attention: Farm to ECE, 2751 Buford Hwy NE, Suite 500, Atlanta, GA 30324. De necesitar traducción en español para completar esta solicitud, favor de contactar a Gina Cook al 404-479-4190.

The project is a collaboration of the Georgia Farm to Early Care and Education Partnership.

This institution is an equal opportunity provider.

Mini-Grant Value for Level 1: Centers \$1,500 Homes: \$1,000

Participants must use mini-grant dollars to achieve these goals at the end of the 16-month grant period.

| | Food & Procurement | Staff | Parents | Policy & Advocacy | More Info |
|--------------------------------|---|---|---|--|---|
| Level 1 Mini-Grants: Seedlings | Meals and Snacks • During the growing season, local fruits and vegetables are a part of meals or snacks 1-2 times per week. Meal Preparation • Implement some of the recommendations by the dietitian to serve healthier offerings through substitutions, better preparation techniques, frequency, etc. ### The provided HTML In the provided HTML | Nutrition education is integrated into GELDS 1-2 times per week. Indoor & Outdoor Garden Activities Over the course of a year 3 or more different fruits and/or vegetables, grow in the garden. Gardening is included in instructional time 1 time per month or more. Teachers, cooks and administrators Attend 2 mandatory Hub Meetings: January 24 -25, 2020 (2 days) Sept. 19, 2020 Other optional trainings (staff required to attend at least 2) | Parent Involvement Parent Memorandum of Understanding (stating your program's philosophy around food, nutrition and agricultural education) signed by all parents. 25% minimum of parents enrolled into parent text program. Nutrition education support/resources are provided to families 1 or 2 times per year. | Policy Portfolio/scrapbook of activities is maintained as a visual story of the progress of the site. Optional: Create a written policy related to FTECE that includes a variety of topics such as local foods served and other efforts to educate children and families and connect them to local foods. (Consistent with your Parent MOU) | Travel & Subs Mini-grant dollars may be used for travel stipends and substitute teacher pay to allow staff to attend meetings and training. More Value In addition to the mini-grant amount, you could receive: - Taste test boxes (\$50 per box) - Dietitian review of menus (\$250) - Georgia Organics Conference scholarship(s) - Professional photos of your Farm to ECE efforts (\$400 value) – If funding is available |

++ Plus additional goals of your own! ++

Mini-Grant Value for Level 2: Centers \$2,500 Homes: \$1,800

Participants must use mini-grant dollars to achieve these goals at the end of the 16-month grant period.

| Food & | Procurement | Staff | Parents | Policy & Advocacy | More Info |
|---|---|--|--|---|---|
| seasc and v part of snack week v- Bes Meal Prep • Imple the re by the serve offering substi- prepa | pg the growing on, local fruits regetables are a of meals or as 3 times per cor more. St Practice (GNS) paration ment some of ecommendations e dietitian to healthier ngs through itutions, better aration iques, frequency, | Nutrition education is integrated into GELDS every day. Indoor & Outdoor Garden Activities Over the course of a year 7 or more different fruits and/or vegetables, grow in the garden. ▼- Best Practice (GNS) Gardening is included in instructional time 1 time per week or more. ▼- Best Practice (GNS) Teachers, cooks and administrators Attend 2 mandatory Hub Meetings: January 24-25, 2020 (2 days) September 19, 2020 Other optional trainings (staff required to attend at least 2) | Parent Memorandum of Understanding (stating your program's philosophy around food, nutrition and agricultural education) signed by all parents. 30% minimum of parents enrolled into parent text program. Nutrition education support/resources are provided to families 3 or 4 times per year. Healthy food and beverage options are served at most family events. | Policy/Advocacy Choose 2 of 3: Portfolio/scrapbook of activities is maintained as a visual story of the progress of the site. Create a written policy related to FTECE that includes a variety of topics such as local foods served and other efforts to educate children and families and connect them to local foods. (Consistent with your Parent MOU) Host an event that features your Farm to ECE work to the community and stakeholders. | Travel & Subs Mini-grant dollars may be used for travel stipends and substitute teacher pay to allow staff to attend meetings and training. More Value In addition to the mini-grant amount, you could receive: - Taste test boxes (\$50 per box) - Dietitian review of menus (\$250) - Georgia Organics Conference scholarship(s) - Professional photos of your Farm to ECE efforts (\$400 value) – If funding is available |

++ Plus additional goals of your own! ++

Mini-Grant Value for Level 3: Centers \$2,500 Homes: \$1,800

Participants must use mini-grant dollars to achieve these goals at the end of the 16-month grant period.

| | Food & Procurement | Staff | Parents | Policy & Advocacy | More Info |
|---|--|--|---|--|---|
| Level 3: Mentors (Previous Grant Recipients Only) | Meals and Snacks • During the growing season, local fruits and vegetables are a part of meals or snacks 3 times per week or more. • Best Practice (GNS) Meal Preparation • Implement some of the recommendations by the dietitian to serve healthier offerings through substitutions, better preparation techniques, frequency, etc. ★ | Classroom Nutrition education is integrated into GELDS every day. Indoor & Outdoor Garden Activities Over the course of a year 7 or more different fruits and/or vegetables, grow in the garden. ▼- Best Practice (GNS) Gardening is included in instructional time 1 time per week or more. ▼- Best Practice (GNS) Teachers, cooks and administrators Attend 2 mandatory Hub Meetings: January 2020 (2 days) October 2020 Other optional trainings (staff required to attend at least 2) | Parent Involvement Parent Memorandum of Understanding (stating your program's philosophy around food, nutrition and agricultural education) signed by all parents. 35% minimum of parents enrolled into parent text program. Nutrition education support/resources are provided to families monthly. Only healthy foods and beverage options are served at family events. | Act as a peer mentor to other mini-grant sites and provide support through sharing experiences and helping them solve problems to their Farm to ECE implementation Policy Create a written policy related to FTECE that includes a variety of topics such as local foods served and other efforts to educate children and families and connect them to local foods. (Consistent with your Parent MOU) Advocacy Perform a notable public act that promotes the importance of nutrition and Farm to ECE to the community and stakeholders. | Travel & Subs Mini-grant dollars may be used for travel stipends and substitute teacher pay to allow staff to attend meetings and training. More Value In addition to the mini-grant amount, you could receive: - Taste test boxes (\$50 per box) - Dietitian review of menus (\$250) - Georgia Organics Conference scholarship(s) - Professional photos of your Farm to ECE efforts (\$400 value) – If funding is available |

++ Plus additional goals of your own! ++

What Can I Buy with My Mini-Grant Dollars?

This is a list of suggested items for purchase. Consult with our staff on other products and services.

| | Food & Procurement | Staff | Parents | Policy & Advocacy |
|--------------------|---|--|--|--|
| Mini-Grant Dollars | Meals and Snacks Dietitian or nutritionist Meal Preparation Kitchen equipment Slicing appliances, knives, cutting boards Pots and pans Serving and measuring items Mixers | Classroom Plastic fruits and vegetables Fabric fruits and vegetables for older children Farm-related toys Farm-related books Games and flashcards Taste Test boxes Indoor Garden Activities Aero garden Clear view gardens Greenhouse Outdoor Garden Activities Lumber, old bathtubs, small plastic pools, gutters to create raised beds Wheelbarrows Adult and child-sized gardening tools (shovels, rakes, spades) Tiller Fencing Soil Seeds and/or plants Raised bed kits Composter Fruit tree Teachers, cooks and administrators Attending seminars, workshops, and conferences Travel stipends and substitute teacher pay to allow staff to attend meetings and training | Parent Involvement Parent training on nutrition topics Parent workshop on meal preparation Parent taste tests Onsite farm stand | Policy, Advocacy & Mentoring Consultant to help with writing health and nutrition policies Attending seminars workshops, and conferences on leadership and advocacy Materials to maintain an onsite or online portfolio |

What Additional Things Do Sites Receive (Not a part of your mini-grant amount)

Technical Assistance and Support

To achieve your farm to ECE goals in your action plan, it is critical that we partner as a team. The information below outlines technical assistance and support:

- Monthly check-in calls and/or on-site technical assistance. Topics include, but are not limited to:
 - Menu planning
 - Gardening
 - Creating and implementing action plans
 - o Procurement; sourcing local foods
 - Harvest of the Month classroom activities
 - o Family and staff engagement
- On-going communication related to goal achievement specific to the needs of your individual program
- Access to professional development opportunities
- Integrating farm to ECE activities to meet the Georgia Early Learning and Development Standards (GELDS)
- Utilizing Quality Rated standards and farm to ECE strategies to improve and enhance the quality of the learning environment
- Planning, building, and maintaining your outdoor garden
- Take-away resources and supplies from trainings
- Possibility of dietetic intern visits to demonstrate lessons (Atlanta area only)
- Purchases with mini-grant dollars
- Identify and coordinate parent and family engagement activities
- Assist sites in enrolling parents in the texting program

Resources

- Grow It, Try It, Like It! Nutrition Education Kit Featuring MyPlate
- A Guide to Using The Creative Curriculum for Infants, Toddlers & Twos to Support Farm-to-ECE Models
- A Guide to Using the Creative Curriculum for Preschool to Support Farm-to-ECE Models

Signage

- Banner signage for texting program
- Harvest of the Month posters

Farm to Early Care and Education Learning Collaborative Application

| Site Name: Street Address of Site: County: Lead Contact Information | | | | |
|---|--------------|--|--|--|
| Site: County: | | | | |
| | | | | |
| Lead Contact Information | | | | |
| Lead Contact Information | | | | |
| Name of Lead: | | | | |
| Title/Role: | | | | |
| Phone Number: | | | | |
| Email Address: | | | | |
| Website: | | | | |
| Program Facebook: ☐ Yes ☐ No | | | | |
| Program Instagram: ☐ Yes ☐ No | | | | |
| Program Twitter: ☐ Yes ☐ No | | | | |
| Program type: | | | | |
| ☐ Family Child Care Learning Home (FCCLH) | | | | |
| ☐ Head Start/Early Head Start | | | | |
| Is your program for- | | | | |
| profit or non-profit? ☐ Non-profit (check which type of non-profit) | | | | |
| | □ 501c3 | | | |
| Religious OrganizationGovernment Entity | | | | |
| Number of children in care: Ethnic Category Hispanic or Latino Not Hispanic or Latino Total by Ethnic Category | | | | |
| (Important: Total by Infants | | | | |
| Ethnic Category Toddlers | | | | |
| must equal total by Preschoolers | | | | |
| Racial Category) Schoolagers | | | | |
| | | | | |
| | | | | |
| | | | | |
| Racial White Black or Native Category African Asian Hawaiian American Total by Rac | ial Category | | | |
| American or other Indian/ | | | | |
| Pacific Alaskan Islander Native | | | | |
| Infants | | | | |
| | | | | |
| Toddlers | | | | |
| | | | | |
| Toddlers Preschoolers | | | | |

| Number of enrolled | | | | |
|------------------------------|---|-------------------------|-----------------|--|
| children on CAPS: | D. Voo. Lieewood by Dright fo | the Ctent | | |
| Is your site | ☐ Yes – Licensed by Bright from the Start | | | |
| regulated? | License number: | | | |
| | ☐ Yes – Licensed by the Department of Defense | | | |
| | ☐ Yes – Approved by another federal, state or local entity Entity Name: | | | |
| | · ——— | | | |
| Overlite Beterd Johnson | □ No | | | |
| Quality Rated (check | 1 Star | | | |
| all that apply): | □ 2 Star | | | |
| | □ 3 Star | | | |
| | ☐ In active process of acquiring QR rating☐ In active process of improving QR rating In active process of improving QR rati | | | |
| | - | ving QR rating | | |
| | ☐ Not in process | | | |
| Describe your | | | | |
| current Quality | | | | |
| Rated efforts. (Ex. | | | | |
| Just started, | | | | |
| submitted portfolio, | | | | |
| not seeking QR | | | | |
| rating, etc.) | | | | |
| Does you program | ☐ Yes – My program works d | lirectly with DECAL. | | |
| receive CACFP | ☐ Yes – My program works d | lirectly with a sponsor | | |
| funding for meals? | Name of Sponsor: | | | |
| _ | ☐ No — I do not participate ir | n CACFP. | | |
| Types of Meals | ☐ Breakfast | ☐ Lunch | ☐ Dinner | |
| Offered at Your Site: | ☐ AM Snack | ☐ PM Snack | ☐ Evening Snack | |
| | | | | |
| | | | | |
| How often do you | ☐ Never | l | l | |
| serve <u>fresh</u> fruits or | ☐ 1-2 times per week | | | |
| vegetables (not | ☐ 3-4 times per week | | | |
| frozen or canned) at | ☐Every day | | | |
| your site? | | | | |
| | | | | |
| Who is responsible | ☐ Lead or assistant teacher | | | |
| for preparation and | ☐ Management | | | |
| cooking of meals and | ☐ Part time or full time cook | | | |
| snacks? (CHECK ALL | Outside caterer or food vendor | | | |
| THAT APPLY) | Other: (please describe) | | | |
| , | , | | | |
| How is food usually | ☐ Heat and Serve | | | |
| prepared for your | ☐ Scratch cooking | | | |
| site? | ☐ Combination of both | | | |
| | ☐ Other; Explain: | | | |
| | ☐ Don't know | | | |

| Where is food typically | ☐ Grocery store (ex. Kroger, Wal-Mart, Publix, etc.) | | |
|---|--|-------------------------------|--|
| purchased? | ☐ Wholesale company (ex. Sam's, Costco, B.J.'s, etc.) | | |
| | ☐ Farmers' Market that sells locally food ¿ Farmers Market) | grown in Georgia (e.g. DeKalb | |
| | ☐ Food Distributor (ex. US Foods, Sysco, F | Pure Fun, etc.) | |
| | ☐ Other: | | |
| | ☐ Don't know | | |
| Do you have an on-site | Yes | | |
| kitchen? | □ No | | |
| If yes, are you able to prepare fresh fruits | ☐ Yes | | |
| and vegetables? | □ No | | |
| Do you currently have | ☐ Yes | | |
| an outdoor garden? | □ No | | |
| If no, have you identified a garden | ☐ Yes | | |
| space for this mini- | □ No | | |
| grant? | | | |
| Why do you want to | | | |
| be a part of this Farm to ECE Learning | | | |
| Collaborative? | | | |
| What will you do to ensure Farm to ECE is a | | | |
| success at your site? | | | |
| | | | |
| Successful Farm to ECE | Lead:Title:_ | | |
| programs have a core team. Identify your | Additional Team Members | | |
| lead and supporting | Name:Title: | | |
| members. The <u>lead</u> will serve as the | Name:Title: | | |
| primary point of | Name:Title: | | |
| contact. The | Name:Title: | | |
| supporting team members will | Name:Title: | | |
| coordinate and/or lead | ivanicnile: | | |
| farm to ECE activities | | | |

| at your site. Please note, the lead and 2 supporting members are required to attend Super Saturday events. | ****The number of team members will vary from site to site depending on program size, structure, etc.*** |
|--|--|
| Choose the mini-grant level you are applying for: | □ Level 1: Seedlings (Centers \$1500; Homes \$1000 □ Level 2: Sprouts (Centers \$2500; Homes \$1800) □ Level 3: Mentors (previous grant recipients only; Centers \$2500; Homes \$1800) |
| If you are a corporate owned center, do you have permission to apply for this minigrant and have support from your corporate office: | ☐ Yes ☐ No ☐ Not applicable |

Signatures

We have reviewed this application and attest to the information provided. If selected, we agree to implement the project as outlined in the above application. We understand that participation in the FTECE Learning Collaborative is a requirement of this grant program. This may require online communications, conference calls, and in-person meetings and trainings.

| Lead: | |
|---|-------|
| | Date: |
| | |
| Program Owner/Director/Principal (if different from above): | |
| | |
| | Date: |

We are committed to supporting farm to early care and education efforts in a wide variety of settings. If you have questions or are interested in applying but feel you need assistance with any aspect of the application, please contact:

Gina Cook, Nutrition Early Care and Education Specialist

gina.cook@qualitycareforchildren.org

404-479-4190