

HAND WASHING SONGS

When sung at the appropriate pace, these songs will last for **20 seconds**.
Remember to practice first so that you teach your children the right pace!

Tune: "Row, Row, Row Your Boat"

Wash, wash, wash my hands,
Make them nice and clean!
Rub the bottoms and the tops
And fingers in between.

-Repeat twice-



Tune: "Frere Jacques"

Top and bottom, top and bottom,
In between, in between.
Rub them all together,
Rub them all together.
Now I'm all clean, squeaky clean.

-Repeat-

Twinkle, Twinkle, Little Star

Twinkle, twinkle little star,
See how clean my two hands are.
Soap and water, wash and scrub,
Get those germs off, rub a dub.
Twinkle, twinkle little star,
See how clean my two hands are.



The Alphabet Song

A-B-C-D-E-F-G,
H-I-J-K-L-M-N-O-P,
Q-R-S-T-U-V-W-X-Y-and Z,
Now I know my A-B-C's,
And I've washed the germs off me!