

# Afterschool Concoctions



## PLASTIC DOUGH

### What you will need:

1/4 C. white glue	2 spoons
1/4 C. water	2 mixing bowls
food coloring	wax paper
1/2 C. flour	plastic container (optional)
1/2 C. cornstarch	measuring cups

### What you will do:

1. Mix first three ingredients in one bowl
2. Combine next two ingredients in another bowl
3. Pour contents of second bowl into first bowl and mix with hands to make stiff dough
4. Remove from bowl and knead on floured surface for about 2-3 minutes
5. Shape creation and allow to air dry or store in container until ready to use.

### For your consideration:

Try creating different colors and shapes for whatever purpose you have in mind.

## KOOL-AID © CLAY

### What you will need:

2 1/2 C. flour	pot or microwave-safe container
1/2 C. salt	heat source (hot plate or microwave)
2 packages Kool-Aid mix (unsweetened)	fork
2 T. cream of tartar	wax paper
2 C. boiling water	plastic container
3 T. oil	measuring cups

### What you will do:

1. Mix first four ingredients in a bowl with a fork
2. Add boiling water and oil and stir 3-4 minutes until cool
3. Continue mixing with hands until well-blended
4. Knead on wax paper until no longer sticky (add small amount of flour if necessary)
5. Store in airtight container and refrigerator between uses

### For your consideration:

Try adding food coloring to change the color and ask your friends to attempt to identify the flavor of Kool-Aid © you used by smell.

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## GIFT BATH SALTS

### What you will need:

2 C. epsom salt  
1 C. coarse salt  
food coloring  
1/4 tsp. glycerin  
essential oils

large glass/metal mixing bowl  
metal spoon  
gift jars (mason jars work well)

### What you will do:

1. Combine the salts in the bowl and mix well
2. Add food coloring and stir with spoon until well blended
3. Add glycerin and about 4-5 drops of essential oil; stir well again
4. Adjust the food coloring if needed
5. Spoon the salts into the jars

### Other versions:

- 2 cups of epsom salt
- 1 cup of sea salt
- 1.5 cups of finely pulverized oatmeal
- 1/2 ounce of essential oil
- 3 cups Epsom Salt
- 2 cups sea salt
- 1 cup baking soda
- 1/2 ounce of essential oil

### For your consideration:

1. research the benefits of different essential oils
2. Decorate the jars and attach gift tags recommending 1/3-1/2 C. of salts per bath

## CINNAMON APPLESAUCE CLAY

### What you will need:

1 C. applesauce (unsweetened)  
1 C. flour  
1 C. cinnamon  
1/2 C. white school glue  
Measuring cups

medium bowl  
wooden spoon  
wax paper  
cookie cutters  
rolling pin

### What you will do:

1. Mix four ingredients together
2. Continue to knead on a floured surface
3. Wrap and refrigerate for a few hours to help clay become firm
4. Roll flat (about 1/4 inch thick) and cut with cookie cutters
5. Use a small straw to make a hole in the top middle of the air freshener (for ribbon later)
6. Air dry for at least 24 hours or on a cookie sheet in an oven at 150°F

# Afterschool Concoctions



## MYSTERY SOAP

(makes three)

### What you will need:

2 bars of grated Ivory© soap  
1/4 C. warm water  
Food coloring/soap dyes  
Small plastic/rubber toys

grater  
bowl  
wooden spoon  
ribbon/cord (optional)

### What you will do:

1. Grate the soap and put into a bowl
2. Combine water and food coloring and stir with spoon
3. Once combined, begin to compress mixture into a ball, cylinder, cube, etc.
4. Create a hole in the middle and add toy
5. Fold soap over hole and continuing compressing and smoothing soap to hide toy
6. Optional: add ribbon or cord to hang soap
7. Allow soap to harden at room temperature

### For your consideration:

1. Don't use any toy that could be damaged by water
2. Would other soap brands work the same?
3. Consider using soap dyes instead of food coloring to reduce chance of staining

## CINNAMON APPLESAUCE CLAY

### What you will need:

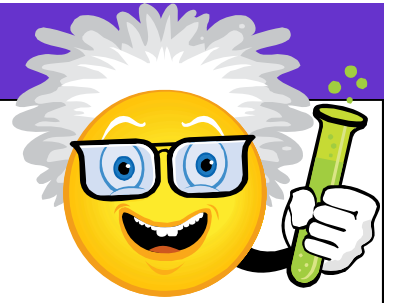
1 C. chilled applesauce (unsweetened)  
1 C. flour  
1 C. cinnamon  
1/2 C. white school glue  
Measuring cups

medium bowl  
wooden spoon  
wax paper  
cookie cutters  
rolling pin

### What you will do:

1. Mix four ingredients together
2. Continue to knead on a floured surface
3. Wrap and refrigerate for a few hours to help clay become firm
4. Roll flat (about 1/4 inch thick) and cut with cookie cutters
5. Use a small straw to make a hole in the top middle of the air freshener (for ribbon later)
6. Air dry for at least 24 hours or on a cookie sheet in an oven at 150°F

# Afterschool Concoctions



## GAK/FLUBBER

### What you will need:

10 oz. water

10 oz. white glue

Dash of Borax

Food Coloring

small bowl

metal spoon

container

### What you will do:

1. Mix water, Borax and food color.
2. Add glue and continue mixing.
3. Store in covered container for one hour

### For your consideration:

1. There are MANY versions of this recipe. Encourage the kids to find others and compare.
2. Using warm water will help the Borax dissolve more quickly.
3. Stirring a lot will speed up the process. At some point, you may need to mix by hand. If you don't want to touch it, you can pour it into a plastic bag, seal the bag and then knead.

## NOTES